





### **April is Motorcycle Safety Month**

70%

of Soldiers Killed on Motorcycle **Mishaps were due to Rider Error** (Alcohol Use, Excessive Speed, and **Riding Too Fast for Conditions)** 

# **SAFETY ALERT: WATCH THIS**



# **RIDER MITIGATIONS – 10 THINGS**



Learn How To Ride Take Courses!



**Keep a Safe** Distance

for the Army



**Choose the Right Bike for You** 



Avoid Wet Road & **Bad Weather** 



Wear a DOT Approved Helmet



**Use your Lights** 



**Use Appropriate** Gear, All the Time



Don't Skip Maintenance



Ride Defensively -**Stay Alert** 



**Be Awake & Sober** 



worksheets online alexander.prezioso.mil@army.mil.

Proponent for this Monthly Newsletter is the NYARNG Safety Team New York Army National Guard, ATTN: MNAV-OS, 330 Old Niskayuna Road, Latham, New York 12110-3514

# **Basic Rider Courses Available Free for Soldiers & Title 5 Techs**

### 18-19 May 2024 / 20-21 July 2024

CAMS Motorcycle Training Hudson Valley Community College Troy, NY 12180

### 18-19 May 2024 / 13-14 July 2024

On the Road Again Suffolk Community College 533 College Road Selden, NY 11784

#### 15-16 June 2024

Learn to Ride MCC Applied Technology Center 2485 West Henrietta Road Rochester, NY 14623

#### **Course Requirements**

- At a minimum, a NY State Motorcycles Learners Permit
- Motorcycles are provided at these courses
- DOT Approved Helmet
- Eye Protection or Full Face Helmet
- Full Fingered Gloves
- Long-legged trousers
- Long sleeved shirt or jacket
- Over the ankle shoes or boots
- High visibility reflective garment or device (PT Belt acceptable)
- COVID test with negative test results

### **How to Sign-Up**

- Contact Chuck Austin at 518-786-6121, or by email at Charles.b.austin2.civ@army.mil
- Submit a SF-182 for training from their unit IAW AFARS Appendix EE
- Courses will close 4 weeks prior to start date

# **State Safety Points of Contact**

Safety & Occupational Health Manager Alicia Howard alicia.l.howard.civ@army.mil COM: 518-786-6097 DSN: 489-6097

M-Day Safety Officer COL Shawn Hatch shawn.c.hatch2.mil@army.mil

M-Day Safety Officer CW4 Ethan Bloom Ethan.j.bloom.mil@army.mil Safety Specialist Chuck Austin <u>charles.b.austin2.civ@army.mil</u> COM: 518-786-6121 DSN: 489-6121

M-Day Safety Officer LTC Alexander Prezioso alexander.prezioso.mil@army.mil

M-Day Safety NCO SFC Michael Allen Michael.allen196.mil@army.mil Safety Specialist Matthew Williams <u>matthew.s.williams117.mil@army.mil</u> COM: 518-786-4329 DSN: 489-4329

Industrial Hygienist Thomas Phipps thomas.c.phipps.mil@army.mil COM: 518-786-4660 DSN: 489-4660