

**MILPER MESSAGE NUMBER**

**10-309**

**PROPONENT**

**AHRC-EPO-P**

**TITLE**

**STABILIZATION POLICY FOR ENLISTED SOLDIERS ASSIGNED AS MASTER RESILIENCE TRAINERS (MRT)**

**...ISSUED: [01 DEC 10]...**

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A. REFERENCE: AR 614-200, CHAPTER 3, STABILIZATION OF TOURS, ASSIGNMENT ELIGIBILITY, AND AVAILABILITY CODES

B. REFERENCE: ALARACT 097/2010 COMPREHENSIVE SOLDIER FITNESS EXECUTION ORDER

1. THIS MESSAGE WILL EXPIRE ON OR ABOUT DEC 2014.

2. THIS MESSAGE OUTLINES THE NEW 24 MONTH STABILIZATION POLICY AND PROCEDURES PERTAINING TO MASTER RESILIENCE TRAINERS (MRT).

3. THE ARMY ESTABLISHED COMPREHENSIVE SOLDIER FITNESS (CSF) TO INCREASE THE FITNESS, HEALTH, AND RESILIENCE OF SOLDIERS, THEIR FAMILIES, AND ARMY CIVILIANS. MASTER RESILIENCE TRAINERS WERE CREATED TO SUPPORT THE CSF BY PROVIDING RESILIENCE TRAINING AND ARE THE ORGANIZATION'S POINT OF CONTACT FOR INFORMATION REGARDING RESILIENCE TRAINING AND CFS. UPON COMPLETION OF THE COURSE SOLDIERS WILL BE AWARDED THE ASI OF '8R'.

4. PROCEDURES:

A. BATTALION/BRIGADE COMMANDERS WILL SUBMIT REQUESTS TO STABILIZE SOLDIERS WHO HAVE COMPLETED THE MRT COURSE AND WILL SERVE AS MRT TO HRC, KNOX ATTN-HRC-EPO-P.

B. STABILIZATIONS FOR THE INITIAL ASSIGNMENT AS AN MRT WILL BE FOR A PERIOD OF 24 MONTHS FROM THE DATE THE ASI IS AWARDED UTILIZING AEA CODE "G". THOSE SOLDIERS DEPLOYED OR STATIONED IN AN AREA WHERE LESS THAN 24 MONTHS TIME ON STATION IS THE STANDARD WILL BE STABILIZED ONLY THROUGH THE END OF THEIR NORMAL TOUR.

5. THE FOLLOWING INFORMATION WILL BE INCLUDED ON MEMORANDUM REQUESTING STABILIZATION: NUMBER AUTHORIZED/ASSIGNED, UNIT IDENTIFICATION CODE (UIC), PARAGRAPH AND LINE NUMBER, DATE OF ASSIGNMENT TO THE INSTALLATION AND DATE OF ASSIGNMENT TO THE MASTER RESILIENCE TRAINER POSITION. A COPY OF THE MASTER

RESILIENCE COURSE COMPLETION CERTIFICATE MUST BE INCLUDED WITH THE REQUEST.

6. THE DIRECTOR (EPMD), US ARMY HUMAN RESOURCES COMMAND IS THE APPROVAL AUTHORITY FOR ALL REQUESTS FOR STABILIZATION AND EXTENSIONS.

7. POC FOR THIS ACTION IS MR. STEVE CASTILLE DSN 983-5031 OR MR. ANGEL DSN 983-5031 [steve.angel@us.army.mil](mailto:steve.angel@us.army.mil) OR MRS. MARCHE, DSN 983-5032 [connie.marche@us.army.mil](mailto:connie.marche@us.army.mil).