Informational Handout
for Patients Not Transported
by Emergency Medical Services

After evaluating your condition, we have determined that the most appropriate course of treatment is to remain in place and re-contact your primary care office by phone – or 911 should your condition worsen.

If your symptoms worsen:

- **Contact your health care provider.**
- **If it is an emergency, call 911.**
- **Upon first contact with any health care provider (physician, ambulance, emergency room, clinic) inform them immediately that you have a cough/fever so that they can treat you promptly and appropriately.**

- Consider taking over-the-counter medications that you would normally use for fever/cough. If under age 15, do not take aspirin or aspirin containing products.
- Continue to take your regular medications unless your health care provider advises you otherwise.
- Stay at home until you have no fever for 72 hours without the use of fever-reducing medication.
- Avoid close contact with others.
- Cover your mouth when sneezing, blowing your nose or coughing.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Wash hands frequently, but always after coughing/sneezing, etc. Use soap and water or alcohol-based hand sanitizer.
- Do not share glasses, cups, utensils, or toothbrushes.
- Clean hard surfaces (especially in commonly used areas: bedroom, kitchen, bathroom) with standard household disinfectants.
- Contact your health care provider or call 911 if you have any further questions or if your condition worsens.

I hereby acknowledge receipt of the information above, provided and explained by an EMS provider or Medical Control.

Patient Signature: _____   Date: _____

NYS COVID-19 Hotline: 1-888-364-3065

Space left blank to allow local agencies to leave LHD or emergency contact numbers